



Volunteers
for Outdoor
California



Project Fact Sheet
Dimond Canyon
City of Oakland

TRAIL OVERVIEW

V-O-Cal volunteers, working with the Friends of Sausal Creek and the Bicycle Trails Council of the East Bay, will do extensive trail repair, standard brushing work and habitat restoration at Dimond Canyon. Some trails need switchback maintenance. There are at least two sections of fence needed to improve safety. We will create a safe and sustainable path to the creek in several areas where users are currently “sliding down” steep hillsides not intended for trails. We will also work with the Friends group to bring additional human resources to the restoration work they have been doing for some time.

Project Background

Dimond Canyon is a 80 acre wild open space area tucked into the developed hills of Oakland near the intersection of Hwy 13 and Park Blvd. The park had some extensive public works projects in the past that urbanized the stream. Since then there have been several projects to bring much of it back to a natural setting. The hills are steep in the area. A trail network was built by the city and some with significant help from the Bicycle Trails Council of the East Bay. Currently the BTCEB works on trail maintenance and a bike patrol in the park. There is also a very active natural resource group. Friends of Sausal Creek are actively

working on non-native removal and habitat restoration.

Center Camp

The camp area for this project will be at Dimond Park, located near the intersection of Fruitvale Ave and MacArthur Blvd in Oakland. Camping is provided for volunteers Friday and Saturday nights. Breakfast lunch and dinner are provided Saturday, along with breakfast and lunch on Sunday.

Volunteers for Outdoor California engages the community through large scale environmental stewardship projects on public lands. V-O-Cal Partners with public agencies and other non-profit organizations throughout northern California.

PROJECT LOGISTICS - DRIVING, PARKING, AND SCHEDULE

Parking and camping will take place near the intersection of Fruitvale Ave and MacArthur Blvd in Oakland. The work area will run along Park Blvd and Sausal Creek.

Parking and Gear Drop Off

Parking for the project is at the Park and Ride lot at Fruitvale Ave, under 580. Drop off gear at one of two locations: 1) Dimond Ave at Dimond Park (at the dead end) 2) At corner of Fruitvale Ave and Lyman Road. Park at the Park and Ride Lot and walk to camp (less than 1/2 mile).

PLEASE MAKE SURE TO DISPLAY PARKING PASS IN WINDOW. IF YOU CANNOT PRINT ONE OUT, ASK FOR ONE AT REGISTRATION WHEN DROPPING OFF YOUR GEAR. MAKE SURE TO REMOVE ALL VALUABLES FROM YOUR CAR.

DRIVING DIRECTIONS

(carpool: v_o_cal.erideshare.org
password: trails)

From the South Bay and the Peninsula: Take Hwy 880 North (if coming from the Peninsula, take either 84 or 92 across the bay). In Oakland, take the 29th Ave Exit, towards Fruitvale Ave. Make a right on E 9th Street, immediately after exiting 880. Turn left onto Fruitvale Ave. Go appx. 1.8 miles. The Park and Ride will be on your right (under the 580 overpass), gear drop is two blocks further on Fruitvale.

From SF: Take 80 across the Bay Bridge. Follow signs to 580 East. Exit Fruitvale Ave. The Park and Ride will be across from the exit, on the left. For the gear drop, make a left on Fruitvale and go down three blocks.

SCHEDULE

Friday

5pm - Registration and camping opens at Dimond Park.

Saturday

7:30am - Registration, light breakfast, and lunch prep begin.
8am - Morning greeting, announcements, stretching and safety talk. Project begins.
12:30pm - Break for lunch on trail.
3:30pm - Head back to camp.
4pm - Drinks, appetizers and socializing. Showers available.
6:15pm - Dinner and entertainment.

Sunday

8am - Registration, hot breakfast, and lunch prep.
8:30am - Morning greeting, announcements, stretching and safety talk. Project begins.
11:30am - Break for lunch on trail.
1:30pm - Head back to camp to pack gear and truck.
2pm - Celebrate the work and say goodbyes.



MEALS

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

- Please bring your own reusable plates, coffee mug, cups and utensils. To minimize waste from our projects, we ask that you bring your own dishes. Hot water and soap are provided.
- A continental breakfast is served Saturday morning.
- Lunch is prepared before hitting the trails. You break for lunch on the trail around 12:30.
- Please arrive at camp by 7:40am to register, eat breakfast and prepare your lunch.
- Appetizers and beverages will be available at 4pm after the work day on Saturday. Dinner will follow at 6:15pm.
- Hot breakfast is served Sunday.



CAMPING

Camping will take place in Dimond Park. If camping, drop off all gear at the gear drop and then park at the park and ride. Security will be present at the camp site, but not at the parking area. Please make sure to remove all valuables from your car.

If you are not camping, please park at the Park and Ride and walk to Dimond Park for check in, breakfast, and to make your lunch. Don't forget the gear listed to the right, including water bottle, eating utensils, and a daypack.

HAZARDS

- **POISON OAK:** There is a risk of exposure to poison oak at the work site. Have your crew leader point some out to you if you don't know what it looks like. Clean with Tecnu after the workday and be cautious when handling your dirty clothes.
- **SNAKES:** Snakes are present on the property. Use caution on the trail and when picking items up off the ground.
- **TICKS:** Ticks are always a hazard so it is important to check during and after the project.
- **SHARP TOOLS:** Please listen to your crew leaders tool safety talk and observe proper tool use throughout the day.
- **HYDRATION/SUN EXPOSURE:** Please drink plenty of water throughout the work day. It may be foggy or cold, but you still need to stay hydrated. If you feel tired or weak, let your crew leader know and take a break.

WHAT TO BRING AND WEAR

For your safety and protection from hazards, please be prepared with the following items:

- Water, sun hat, and sunscreen. You will not be allowed on the trail without a water container.
- Plates, utensils, coffee mug and a cup.
- Work Gloves (if you do not have work gloves V-O-Cal can provide a pair to use).
- Sturdy shoes or boots with tread. **Working in sandals or open-toed shoes will not be permitted.**
- Day pack to carry water and lunch.
- Sunglasses.
- Insect repellent, allergy medicine, etc.
- A change of clothes for each work day and for lounging at camp to minimize the spread of poison oak.
- **IF CAMPING:** bring a tent, sleeping bag, folding chair, flashlight, and other camping gear. A coffee mug is also necessary. Also bring a change of clothes.

A special thanks to V-O-Cal's sponsors:

Agency Partner:
City of Oakland

Project Sponsors:
Jones and Stokes

In-Kind Project Sponsors:
Adventure Medical Kits
ClifBar
REI
Metro Mobile Communications
Equator Estates Coffee and Teas
Tecnu
Intel

V-O-Cal
Staff

Cathy Moyer - Executive Director
Kevin Sullivan - Projects Manager
Chris Peck - Volunteer and Marketing Manager

REGISTRATION AND CHECK-IN

Please register online at www.v-o-cal.org. Check in at the registration table when you first arrive.

If you did not register online, please fill out this sheet and bring it with you.

First Name*

Last Name*

Email

Address

City

State/Zip Code

Home Phone

Cell Phone

Work Phone

I'm attending:

- Saturday
 Sunday

Year of birth:

(This helps us with crew assignments and project design)

If attending with a group, which group?

How did you hear about this opportunity?

Comments/Questions:

PLEASE DETACH AND DISPLAY ON DASH

**Volunteers for Outdoor California
Dimond Canyon**

V•O•CAL

**Volunteers
for Outdoor
California**

Volunteer Pass

*****Please detach and display on dash.*****

WAIVER AND RELEASE
VOLUNTEERS FOR OUTDOOR CALIFORNIA

EXCULPATORY AGREEMENT, RELEASE, ASSUMPTION OF RISK, AND INDEMNIFICATION

READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS DOCUMENT IS A BINDING PART OF YOUR PARTICIPATION AGREEMENT AND MAY HAVE SIGNIFICANT CONSEQUENCES.

In consideration of my being allowed to participate in the Volunteers for Outdoor California Project (the "Project") and on behalf of myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively designated as "successors"), I do hereby release and waive all rights or claims for damages, for death, bodily injury or loss of or damage to property from any cause whatsoever I may have or which may accrue to me or my successors as a result of my participation in the Project. I discharge and release Volunteers for Outdoor California, and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates from any and all liability arising out of or connected in any way with my participation in the Project, whether or not caused by the negligence of any of the above persons or entities.

My participation in the Project is voluntary and done at my own risk. I therefore voluntarily assume all risks of loss, damage, injury or death that may be sustained while participating in the Project. In addition, I agree to hold harmless from any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) all the entities and persons mentioned above who otherwise might be liable to me or my successors for damages.

Notwithstanding anything stated in the foregoing paragraphs, nothing in this document shall apply to exempt any person or entity from responsibility for his, her, or its own fraud, or willful injury to the person or property of another, or violation of law whether willful or negligent.

In further consideration of my being allowed to participate in the Project, I hereby agree to indemnify, defend, and hold harmless Volunteers for Outdoor California and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates (collectively, the Indemnified Parties) from and against any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) relating in any manner, directly or indirectly, in whole or in part, to: (a) any act or omission of myself; or (b) any accident involving any injury to any person or damage to property resulting from my participation in the Project, due to any cause whatsoever.

I further agree to promptly assume my defense and indemnification obligations upon written notice from any of the Indemnified Parties who may participate in the defense of any claim at their own expense. I agree not to settle any claim without the consent of Volunteers for Outdoor California or any other entity that would incur any liability for such claim under or following such settlement, which consent shall not be unreasonably withheld.

I further understand that I may be photographed while participating in a Volunteers for Outdoor California project and I hereby consent to the use and distribution of photographs and other likenesses of me on VOCal's website, or in marketing and other materials relating to Volunteers for Outdoor California's mission.

I further understand and agree that this waiver, release, and assumption of risk is binding on my successors.

I further represent and warrant that I am advised of the existence of California Civil Code section 1542, which provides as follows: A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor.

Notwithstanding this provision, this will constitute a full release in accordance with its terms. I knowingly and voluntarily waive the provisions of Section 1542, as well as any other statute, law or rule of similar effect, and acknowledge and agree that this waiver is an essential and material term of this release.

I HAVE CAREFULLY READ THE FOREGOING DOCUMENT AND UNDERSTAND THAT I AM WAIVING IMPORTANT LEGAL RIGHTS, ASSUMING THE RISK OF FINANCIAL LOSS, BODILY HARM OR DEATH, AND THAT I AM AGREEING TO PROTECT AND DEFEND THE INDEMNIFIED PARTIES AT MY OWN COST. I UNDERSTAND THAT THIS IS A LEGALLY BINDING CONTRACT BETWEEN MYSELF AND OTHERS. I HEREBY WARRANT THAT I HAVE THE RIGHT TO CONTRACT IN MY OWN NAME, OR IF ACTING ON BEHALF OF A MINOR, HAVE EVERY RIGHT TO CONTRACT FOR THE MINOR IN THE ABOVE REGARD.

Signature of Participant

Date

Print Name

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

If Participant is under 18 years of age, a parent or legal guardian must sign below:

Signature of Parent/Guardian

Date

Print Name