

# Fact Sheet

## Sycamore Grove Park Extension Project

April 28, 29, 30 2017

## Background



Sycamore Grove Park is recognized as one of Livermore's most important and well-used resources. The Park borders on miles of unbroken wilderness to the south. Though relatively small with respect to other open space parks, Sycamore Grove benefits from a wide variety of wildlife – deer, elk, mountain lions and raptors of all kinds are just some of the critters you may encounter. Native grasses and a showy display of wildflowers are also benefits of the park's proximity to large areas of this undeveloped wilderness.

Another highlight of the Park is the mature Western Sycamore trees that occupy the flood plain along Arroyo Del Valle. With recent rains and warm temperatures, we expect to have a carpet of wildflowers throughout the park.

## Trail Work Overview

The Livermore Area Recreation and Park District has invited Volunteers for Outdoor California to put in a mile of multi-use trail in the upper part of Sycamore Grove. This time the work will be in LARPD's latest land acquisition, the Sycamore Grove Extension property. The trail, designed by LARPD Ranger Matt Gallagher, winds up and down hills, passing by oak trees and through a eucalyptus grove. We will have beautiful views of the Livermore Valley including Del Valle, Brushy Peak, Morgan Territory, the quarry lakes and Pleasanton Ridge. I expect we will be serenaded by the wild turkeys and coyote vocals. Come by for a day or the whole weekend. You will have a blast and feel satisfied with providing the region with more access to outdoor recreation.



*The Paperwork!  
Please print and bring  
the signature page of the  
attached Waiver and  
the Parking Pass.*

## Center Camp

Center Camp will be located in the upper portion of Sycamore Grove Park. You can access it off East Vineyard Ave. during the project weekend from 5:00 pm to 10:00 pm on Friday, 6:00 am to 10:00 pm on Saturday and 6:00 am to 9:00 am on Sunday.

**Please note that the Park Gate will be locked and you will not be able to get in outside of the above hours.**

## Weather

Please come prepared for a variety of weather conditions (think layers!). Unless there is a serious storm predicted, we will work drizzle or shine.

**Volunteers** will be divided into crews of 8-12 and be assigned to a certified crew leader who will provide tool usage and safety training and direct and supervise the trail work.

All tools are provided. Please bring comfortable work clothing and your own gloves if you have them. There will be a healthy hike to the work site so please wear sturdy, comfortable shoes.



# Event Schedule

## Friday

5:00 pm - Registration and camping opens.  
**DINNER IS NOT PROVIDED.**

## Saturday

7:30 am - Registration, light breakfast and lunch packing begin.

8:30 am - Morning greeting, announcements, stretching and safety talk. Project begins.

12:30 pm - Lunch on trail.

3:00 pm - Head back to camp.

4:00 pm - Drinks, appetizers and socializing.  
Limited Sun showers available.

5:00 pm - Dinner.

## Sunday

7:30 am - Registration.

8:00 am - Hot breakfast, and lunch packing.

8:30 am - Morning greeting, announcements, stretching and safety talk. Project begins.

11:30 pm - Lunch on trail.

1:30 pm - Head back to camp, clean tools, pack gear and truck.

2:00 pm - Snack, Celebrate the work and say goodbyes to old and new friends.

# Meals

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

- To minimize waste we ask that you bring your own reusable plates, coffee mug, cups and utensils. Hot water and soap are provided.
- A continental breakfast is served Saturday morning.



- Please arrive at camp by 7:30 am to register, eat breakfast and prepare your lunch. We provide lunch and lunch bags.
- Appetizers and beverages will be available at 4:00 pm after the work day on Saturday. Dinner will follow at 5:00 pm.
- Hot breakfast is served Sunday morning.

# Hazards

## POISON OAK

No poison oak has been sighted in the project area. However, it is present in the park. Have your crew leader point some out to you if you don't know what it looks like. Clean with Tecnu (which we provide) after the work day and be cautious when handling your dirty clothes.

## TICKS

Ticks are always a hazard so it is important to check during and after the project.

## SHARP TOOLS

Please listen to your crew leader's tool safety talk and observe proper tool use throughout the day.

## HYDRATION | SUN EXPOSURE | HYPOTHERMIA

It may be hot. Please bring at least one large bottle or camelbak (the more the better!) and drink plenty of water throughout the work day. Wear a sun hat and sunscreen. It may also be a little wet and chilly!

Please bring layers and rain gear and if you feel tired or weak, let your crew leader know and take a break.

# What to Bring

- Sturdy shoes or boots with tread. Ankle support is important on much of the trail. Sandals or open-toed shoes will not be permitted.
- Water bottle. (You will not be allowed on the trail without a water bottle).
- Work gloves (if you do not have gloves, V-O-Cal can provide).
- Day pack to carry water and lunch.
- Sunglasses, hat and sunscreen.
- Insect repellent, allergy medicine, etc.
- Plates, utensils, coffee mug or cup.
- A change of clothes for each work day.
- Warm clothing for morning and evening.
- If camping: bring
  - a tent
  - sleeping bag
  - folding chair
  - flashlight, and
  - other camping gear

# Directions

We will not use the well known Wetmore Rd entrance to the park. In order to drive to our project camp with your gear, we'll use an entrance that is usually closed.

The coordinates of the Sycamore Grove entrance we will use are 37643037, -121.783771. (See the attached Map)

## Using Navigation Software:

On Mapquest, use the location, "E Vineyard Ave and Holmes St." This is an orphaned section of Holmes St. that Mapquest finds. For Google maps, search for "Vallecitos Rd and E Vineyard Ave". Then proceed 0.3 miles southeast on E. Vineyard Ave. (See Sycamore Park)

## Driving Directions:

### From the West:

Take 580 to Livermore, take Exit 51, in 0.3 miles, turn right onto Isabel Ave. (See Hwy 580)

### From the East:

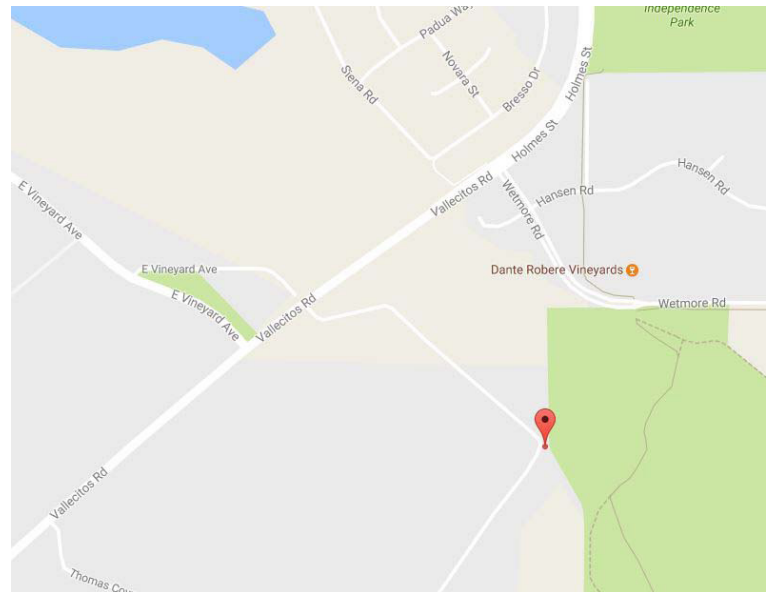
Take 580 to Livermore, take Exit 51, in 0.3 miles take a left onto Isabel Ave. (See Hwy 580)

### From Hwy 580:

After 3.3 miles turn left onto East Vineyard Ave. (See Sycamore Park)

### From Hwy 680 in Sunol:

Take Vallecitos Rd/CA-84 E via EXIT 21B toward Livermore. After 5.5 miles turn right onto Vallecitos Rd, after 0.8 miles take the first right onto E. Vineyard Ave. Note: Due to construction, you may have to turn left off Vallecitos Rd. onto Isabel Ave. and catch E. Vineyard Ave farther west. Go right on E. Vineyard Ave and a left back onto Vallecitos then an immediate right onto E. Vineyard Ave again.



## Sycamore Park

Follow signs to the V-O-Cal Project. After turning off the asphalt road you are now on Park Property. You will drive approximately 1 mile to camp parking. Please drive slowly and obey all posted signs. Be courteous, you are sharing the road with pedestrian park users.

# MeetUp

We have set up a MeetUp group to enable carpooling for this project, so if you can provide a ride or if you need one, RSVP at

<https://www.meetup.com/V-O-Cal-Carpoolers/events/23873421/>

PLEASE DETACH AND DISPLAY ON DASH

## Volunteer Parking Pass

### Sycamore Grove Park

April 28, 2017

April 29, 2017

April 30, 2017



# Registration and Check-In

Please register online at [www.v-o-cal.org](http://www.v-o-cal.org). Check in at the registration table when you first arrive.

If you did not register online, please fill out this sheet and bring it with you.

First Name _____	Cell Phone _____
Last Name _____	Home Phone _____
Email _____	I am participating: <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday
Address _____	Year of Birth _____
City _____	(This helps us with crew assignments and project design)
State   Zip Code _____	If attending with a group, which group? _____
	How did you hear about this opportunity? _____

Children 14 and over are welcome on V-O-Cal projects. Volunteers under 16 must be accompanied by an adult.

To register, visit our website at [www.v-o-cal.org](http://www.v-o-cal.org).

For photos of our recent projects, visit us on Facebook. <https://www.facebook.com/volunteersforoutdoorcalifornia>

## Volunteer Project Team

V-O-Cal Executive Director	<b>Cathy Moyer</b>
Project Team Lead	<b>Craig Fish</b>
Crew Leader Manager	<b>Chris Moen</b>
Technical Advisor	<b>Joe Cavaness</b>
Food Shopping & Prep	<b>Chris Fishel</b>
Kitchen   Chef	<b>Inome Callahan</b>
Outreach	<b>Craig Fish, Lily Brady</b>
Camp Operations	<b>Patrick Beck, Xavier Andrade</b>
Tool   Warehouse Manager	<b>Duane Sheets</b>
Truck Driver	
Photography & Registration	<b>Lily Brady</b>

## Agency Partner

**Livermore Area Recreation and Park District  
LARPD**



## In-Kind Project Sponsors

**Adventure Medical Kits | Sidley Austin | ClifBar | Tecnu | REI | Metro Mobile Communications**

# WAIVER AND RELEASE

## VOLUNTEERS FOR OUTDOOR CALIFORNIA

### EXCULPATORY AGREEMENT, RELEASE, ASSUMPTION OF RISK, AND INDEMNIFICATION

READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS DOCUMENT IS A BINDING PART OF YOUR PARTICIPATION AGREEMENT AND MAY HAVE SIGNIFICANT CONSEQUENCES.

In consideration of my being allowed to participate in the Volunteers for Outdoor California Project (the "Project") and on behalf of myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively designated as "successors"), I do hereby release and waive all rights or claims for damages, for death, bodily injury or loss of or damage to property from any cause whatsoever I may have or which may accrue to me or my successors as a result of my participation in the Project. I discharge and release Volunteers for Outdoor California, and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates from any and all liability arising out of or connected in any way with my participation in the Project, whether or not caused by the negligence of any of the above persons or entities.

My participation in the Project is voluntary and done at my own risk. I therefore voluntarily assume all risks of loss, damage, injury or death that may be sustained while participating in the Project. In addition, I agree to hold harmless from any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) all the entities and persons mentioned above who otherwise might be liable to me or my successors for damages.

Notwithstanding anything stated in the foregoing paragraphs, nothing in this document shall apply to exempt any person or entity from responsibility for his, her, or its own fraud, or willful injury to the person or property of another, or violation of law whether willful or negligent.

In further consideration of my being allowed to participate in the Project, I hereby agree to indemnify, defend, and hold harmless Volunteers for Outdoor California and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates (collectively, the Indemnified Parties) from and against any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) relating in any manner, directly or indirectly, in whole or in part, to: (a) any act or omission of myself; or (b) any accident involving any injury to any person or damage to property resulting from my participation in the Project, due to any cause whatsoever.

I further agree to promptly assume my defense and indemnification obligations upon written notice from any of the Indemnified Parties who may participate in the defense of any claim at their own expense. I agree not to settle any claim without the consent of Volunteers for Outdoor California or any other entity that would incur any liability for such claim under or following such settlement, which consent shall not be unreasonably withheld.

I further understand that I may be photographed while participating in a Volunteers for Outdoor California project and I hereby consent to the use and distribution of photographs and other likenesses of me on VOCal's website, or in marketing and other materials relating to Volunteers for Outdoor California's mission.

I further understand and agree that this waiver, release, and assumption of risk is binding on my successors.

I further represent and warrant that I am advised of the existence of California Civil Code section 1542, which provides as follows: A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor.

Notwithstanding this provision, this will constitute a full release in accordance with its terms. I knowingly and voluntarily waive the provisions of Section 1542, as well as any other statute, law or rule of similar effect, and acknowledge and agree that this waiver is an essential and material term of this release.

I HAVE CAREFULLY READ THE FOREGOING DOCUMENT AND UNDERSTAND THAT I AM WAIVING IMPORTANT LEGAL RIGHTS, ASSUMING THE RISK OF FINANCIAL LOSS, BODILY HARM OR DEATH, AND THAT I AM AGREEING TO PROTECT AND DEFEND THE INDEMNIFIED PARTIES AT MY OWN COST. I UNDERSTAND THAT THIS IS A LEGALLY BINDING CONTRACT BETWEEN MYSELF AND OTHERS. I HEREBY WARRANT THAT I HAVE THE RIGHT TO CONTRACT IN MY OWN NAME, OR IF ACTING ON BEHALF OF A MINOR, HAVE EVERY RIGHT TO CONTRACT FOR THE MINOR IN THE ABOVE REGARD.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

If Participant is under 18 years of age, a parent or legal guardian must sign below:

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

**Emergency Contact Information**  
Name: \_\_\_\_\_  
Contact Phone: \_\_\_\_\_